

## 20 Things to Do With a 1 Year Old Every Day

1. Sing a song.
2. Go for a walk.
3. Bang on pots & pans.
4. Read a book.
5. Puppet show with stuffed animals.
6. Do a puzzle.
7. Play peek-a-boo.
8. Play with stickers.
9. Scribble together.
10. Play in water.
11. Stack pillows and knock them down.
12. Roll a big ball back and forth.
13. Have a dance party.
14. Make animal sounds.
15. Play chase.
16. Make a marching band.
17. Snuggle.
18. Point out body parts.
19. Recite a nursery rhyme.
20. Make an indoor obstacle course.